



# Visiting Privileges



The St. Mary's Hospital Center's Maternal and Child Care team welcomes you and wishes to support you during your transition into parenthood. For this reason, we have chosen to implement new visiting privileges in order to:

- Encourage rest and rapid recovery for you and your newborn.
- Ensure safety and security of your newborn.
- Promote bonding time with you newborn.
- Maximize family's learning time.
- **Prevent infection.**

## BEFORE DELIVERY

Labour and delivery suite

Visiting is **limited to two accompanying** individuals for labour support

## AFTER DELIVERY

Postpartum Unit

- Partner/ Support person..... **anytime**
- Grandparents and sibling of the baby ..... **from 8.00 am to 20.00 pm**
- Other family members and friends ..... **from 18.00 pm to 20.00 pm**
- **No children under the age of 12** will be admitted on the unit (unless sibling of the newborn)
- **Only 3 visitors per family** at the time on the unit

**These visiting hours are designed for your benefit.**

These hours will be strictly reinforced. Please advise family and friends of these new visiting hours.

We also encourage you to have your flowers and gifts sent directly to your home and to minimize visitors while in hospital. We cherish the time that we have with you and your new baby. We thank you for your understanding and your collaboration.



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**MATERNAL-CHILD CARE PROGRAM**