

Spiritual and Religious Care

Why me?

I'm afraid

Why is this happening to me?

I want to die!

I'm sad

This is so hard

I'm lonely

“Suffering is not a question which demands an answer, it is not a problem which demands a solution, it is a mystery which demands a presence”.

Anonymous



Spirituality is the life force which awakens

Us to wonder and...

Trust
Hope
Healing

Informs us about our...

Identity - who am I ?
Place – where do I belong?
Purpose – why am I here?
Values – how do I live?

And inspires us to...

Be creative and responsible
Build mutually beneficial relationships
Cope with change and loss courageously
Invest in the good of all

Spiritual care is available to all

Through active listening and a ministry of presence, a spiritual care professional/chaplain can accompany you throughout your hospital stay. For some, this may include a specific religious request such as prayer or Religious Rites.

Our Mission Statement

- We offer spiritual support and comfort to all, regardless of race, religion or creed.
- We believe every individual is a person of dignity and worth, created by God, to be served with compassion, justice and equality.
- We affirm that the person with the disease is more important than the disease the person has.

Has your hospitalization or that of a loved one...

- Had a impact on your life?
- Increased your recognition of human frailty and/or vulnerability?
- Affected your relationship with yourself, others and God?
- Caused your inability to cope?
- Evoked the question why is this happening to me?
- Led you to consider end of life issues?
- Led you to seek the meaning and purpose of life?

How can you reach us

You or your family can leave a message at **Extension 3361, Monday to Friday, from 7 am to 5pm or ask your nurse to contact us.** Outside of these hours, week-ends and statutory holidays, there is always someone available for any crisis situations. Please ask your nurse.